

Simmonds, Martin & Helmbrecht, Chtd.

AFTERCARE INSTRUCTIONS: CIRCUMCISION (IN OFFICE)

Your baby will be irritable today. He has been given two (2) shots of Lidocaine (numbing medication) and had a minor surgical procedure.

The glands (head) of the penis will form a more protective skin surface in 7-10 days. As this forms, the surface will appear yellowish and “slick” – this is normal.

- **CHECK THE DIAPER FOR ANY BLEEDING ONCE AN HOUR DURING THE FIRST EIGHT (8) HOURS AFTER THE CIRCUMCISION. CALL IMMEDIATELY IF ACTIVE BLEEDING OCCURS.**
- **YOUR BABY SHOULD URINATE WITHIN EIGHT (8) HOURS AFTER THE CIRCUMCISION. IF NOT, PLEASE CALL US OR YOUR PEDIATRICIAN.**

Care while healing is simple – keep the tip of the penis clean and covered with Vaseline. Should any stool get on the penis, dribble plain water from a luke warm washcloth to rinse it off. Apply plain petroleum jelly or Vaseline liberally in an “ice cream cone” shape over the penis to prevent the diaper from sticking. Diapers should be applied snugly so when the baby moves his legs, movement of the diaper is minimized. Avoid directly touching the head of the penis.

Should you have any questions or concerns, please contact the office in which the procedure was performed.