

VIRGINIA

| PSYCHIATRISTS | THERAPISTS | ORGANIZATIONS |
|--|---|--|
| <p>Caroline Ahlers, MD 405 N. Washington St. #102 Falls Church, VA 22046 (571) 210-2276</p> | <p>Lenore Bookheim, PhD 1495 Chain Bridge Rd. #202 McLean, VA 22101 (703) 725-8501</p> | <p>NESTED LLC NEST STEPS CLASS FREE of CHARGE Classes take place in the chevy chase office of RHJN on the first Saturday of the month (<i>on most occassions</i>) from 9:30 - 12:00 PM</p> |
| <p>Catherine Crone, MD 3300 Gallows Rd. Falls Church, VA 22042 (703) 776-1110</p> | <p>Lauren Brandt, PhD 200 Little Falls St. #402 Falls Church, VA 22046 (703) 533-0380 <i>Grief and Loss</i></p> | <p>Postpartum Support Virginia postpartumva.org info@postpartumva.org (703)-829-7152 <i>Contact: Casad McKenzie (Adrienne Griffen on leave)</i></p> |
| <p>Peggy Lomax, MD 6845 Elm Street # 400 McLean, VA 22101 (703)-442-8889 <i>Carefirst and Tricare</i></p> | <p>Tracey Ginter Bushkoff, EdD 3801 North Fairfax Dr. #62 Arlington, VA 22203 (703) 243-3432</p> | <p>Perinatal DMV Resource Guide http://www.dmvpmhresourceguide.com</p> |
| <p>Catherine McCarthy, MD 6723 Whittier Avenue McLean, VA 22101 (703)-288-3535 Also does Youth and Adolescent Psychiatry</p> | <p>Debra Caplowe, LCSW 131 West Great Falls St. #101 Falls Church, VA 22046 (703) 795-4226 <i>Grief and Loss</i></p> | <p>PACE VA http://www.pacemoms.org <i>1st and 2nd time mom groups.</i> Fill out online form for information and sign up.</p> |
| <p>Arthur Mode, MD 6073 Arlington Blvd. Falls Church, VA 22044 (703)-237-1669</p> | <p>Bethany Colecchi, LCP Counseling and Empowerment Center, LLC 300 North Washington Street #607 Alexandria, VA 22314 (571) 244-9964</p> | |

YOU CAN ALWAYS CHECK WITH YOUR INSURANCE COMPANY TO FIND A PARTICIPATING PROVIDER

VIRGINIA

| | |
|--|--|
| <p>Mariana Niemtzoff, MD 1001 North Vermont St. #102 Arlington, VA 22201 (703) 527-3766 <i>Spanish Speaking</i></p> | <p>Diana Kreiss, LCSW 2501 N Glebe Rd #303 Arlington, VA 22207 (703)-524-6380 <i>BCBS PPO, Cigna, United, Aetna</i></p> |
| <p>Jennifer Park, MD 6862 Elm St. #230 McLean, VA 22101 (703) 403-4204</p> | <p>Jessica MacNair, LPC 300 North Washington St. #102 Falls Church, VA 22046 (571) 335-0423</p> |
| <p>Miriam Roland, MD 200 Little Falls Street Falls Church, VA 22046 (703)-241-1275</p> | <p>Deirdre Modesti PhD, LPC 405 North Washington St. #104 Falls Church, VA 22046 (703) 525-0242</p> |
| | <p>Benta Sims, LPC 105 N. Virginia Ave. #309 Falls Church, VA 22046 (703) 244-9232 <i>Grief and Loss</i></p> |
| | <p>Sunstone Counseling 124D East Broad St Falls Church, VA 22046 (703)-534-5100 <i>Offer discounted rates</i></p> |

YOU CAN ALWAYS CHECK WITH YOUR INSURANCE COMPANY TO FIND A PARTICIPATING PROVIDER